

Working together for a healthier Wales: A summary

Longer, healthier lives and a fairer, more prosperous Wales - practical actions to make a difference.



The best start in life builds lifelong health and wellbeing

We need to prioritise the health and wellbeing of babies, children and young people so they can thrive today and shape resilient communities tomorrow.

This means families have access to the right support, safe places to play, and nurturing care. Children are protected from harm, including poverty and adverse childhood experiences, so they can grow up strong and healthy.



Financial wellbeing drives better health and a prosperous economy

We need to support more people to stay healthy and in work, and improve financial security so families can live well.

This means access to fair, secure jobs that pay a living wage, affordable childcare for working parents, and support for people with health issues to stay in or return to work. When families can afford essentials like healthy food and social connection, they stay healthier, and local economies benefit.



Healthy lives start in our everyday places

We need to make homes, shops, and public spaces healthier so it's easier for people to live well and avoid harmful habits.

This means healthy homes and food are affordable and accessible, and tobacco and vaping products are less visible, less appealing, and not seen as a normal part of daily life.



Care tailored to local need builds health and resilience

We need to strengthen primary and community care to prevent illness, respond early, and better meet the needs of supporting those with long term conditions.

This means services have the resources and staff to provide timely care that supports all aspects of people's wellbeing, close to home and when it's needed most.



A healthy planet protects our people now and in the future

We need to protect people and communities from the health risks of climate change and environmental harm.

This means clean air and water, access to healthy food and health services that can withstand extreme weather and disease. Pollution and environmental risks must be reduced to protect lives and mental wellbeing.